



RUN TO REMEMBER



LAKE CAREY

SATURDAY, MARCH 29, 2025

5K RUN & WALK IN MEMORY OF KARA COOK

Remembering Kara • Making life brighter for other children

Celebrating the life of Kara Cook, a caring and loving young girl who lost her battle with cancer in 2017. Join us as we honor her love, strength, and spirit by giving back to those who cared for her. Proceeds from the race will benefit pediatric services at Allied Services John P. Moses Esq. Pediatric Rehab Centers.



JOHN P. MOSES, ESQ.

PEDIATRIC REHAB CENTERS

in partnership with **ALLONE**
FOUNDATION & CHARITIES



REGISTER NOW

- \$25 race fee
- First 100 receive a shirt
- alliedservices.org/r2r

Lake Carey Vol. Fire Co. 16 Siren Rd, Tunkhannock

REGISTER ONLINE: ALLIEDSERVICES.ORG/R2R